

Inner Fire - a call for healing from trauma through reclaiming our inner harmony

An evening with Beatrice Birch -- Thursday, January 25, 2024, 7:00 ~ 8:30 PM
The Hartsbrook School (Piening Hall) - 193 Bay Road, Hadley, MA ([map](#))



“At Inner Fire, we meet each individual as a creative human being, acknowledging their body, soul and spirit. Life is complicated and we honor and admire this complexity and view it as the key to healing.” ~ Beatrice Birch, Founder of Inner Fire

Inner Fire was founded in September 2015 and has supported over 55 individuals to reclaim their lives. From their mission statement:

“Inner Fire is a proactive, healing community in southern Vermont offering the choice to recover from debilitating and traumatic life experiences, which typically lead to addiction and mental/soul health challenges, while tapering slowly and carefully from their mind-altering psychotropic medications and strengthening themselves on a deeper soul-spiritual level. We are not anti-medications but believe in the power of choice....”

“Every time I’m there, I am in awe of those seeking health and touched by how open they are to what Polly and I have to offer through color/painting and expressive movement. We feel that what we have learned through anthroposophy is what they are hungry for. In conversation, either before the artwork or afterwards during a meal, I am struck again and again by how profound these seekers are. There is no interest in small talk.”

~ Jan Kees Saltet (Retired teacher & volunteer)

Please join us for this important and informative event, sponsored by the Sojourner Branch of the Anthroposophical Society in America.

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